

Reiki Treatment Consent Form

Please read the following statements carefully and sign to give your consent for reiki treatments. Any questions, please do not hesitate to ask the practitioner prior to the treatment.

The Reiki Treatment

Reiki treatments may take up to an hour; this includes an initial assessment and discussion of outcomes. Depending on these outcomes further treatments may be suggested, to be discussed after the treatment. The cost per treatment is £35. Payment plans can be discussed for further sessions if necessary.

During the treatment you may lay down or sit depending on how you feel most comfortable, there may be soothing music playing quietly but this can be switched off if not required. You will have access to blankets and cushions to ensure you are warm and comfortable. You will have access to water also.

Reiki often requires that hands are positioned on the body, if you are not comfortable with the hands on method please inform the practitioner prior to the session.

Clients often feel heat, tingling and digestive rumblings during a treatment; these are all normal signs that energy work is taking place. You may also feel heightened emotions, tiredness or increased energy. Above all you may feel calm and relaxed with a sense of peace and wellbeing. After the treatment you will be given time to come round and drink some water before we discuss the outcomes.

After the treatment you must drink plenty of water and take some time to rest.

Practice Statement

- I understand that reiki is intended as a treatment to relieve stress, aid relaxation and correct energy imbalances. It is not a substitute for medical care. I understand that the reiki practitioner cannot diagnose conditions, prescribe medications or advise medical treatment and that any outcomes are not intended as medical diagnosis.
- I further understand that during the treatment I will be fully clothed and that the treatment may involve hand contact on or above the body. I understand that I may refuse contact if I am uncomfortable with hands on reiki.
- Having read the above statement I would like to request reiki treatment, I understand the reiki practitioner cannot be held responsible for the outcomes of the treatments.
- I also understand that all sessions are confidential and that my personal details will not be shared without express/written consent.

Signed..... Print name.....

Date.....